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# Controlled User Trial With "Ooops! Aloe Vera Balsam toilet paper"

(VTSZ: 4818109000) (Cosmetic Study)

### **Summary**

Study Sponsor .....: Vajda Papír Kft.

Ócsai u. 8. 1239 Budapest Hungary

Date of Order..... 25.06.2010

Performance of Test .....: Derma Consult GmbH

and Evaluation by Brunnenstrasse 61

53347 Alfter Germany

(VTSZ: 4818109000) was provided by Vajda Papír Kft.

Sex....: female

Age range (completing) ..: 26-62 years (average: 44,1)

Test Area .....: Outer genital area

Application....: Duration...: 14 days

Frequency .: by selection of subjects; min. once daily

Test Period .....: March / April 2010

Study Objective .....: Determination of skin compatibility in a gynecological

controlled user trial.

manager: Dr. H. P. Nissen B. R. Nissen-Zoufal district court Bonn HRB 5272 VAT-REG.No. DE 123369725 bank account: VR Bank Bonn account 6 106 665 018 BLZ 381 602 20 Tax No. 222/5703/0374

IBAN: DE38 3816 0220 6106 6650 18 BIC: GENO DE D1 HBO

#### Performance of Test

The subjects were informed about importance and meaning of the study. Written informed consent was obtained from all the subjects prior to entry into the trial. The following criteria were used for selection of subjects:

for inclusion in study:

- female ( $\geq$  18 years of age)
- clinically healthy

for exclusion from study:

- skin diseases
- pregnancy

They could withdraw from the study at any time without giving any reason and were instructed not to use any topical preparations on the test areas starting from seven days prior to testing and until the end of the test. For cleansing during the preconditioning phase, water or a mild syndet (Eubos® flüssig – blau; manufacturer: Dr. Hobein, D-53340 Meckenheim-Merl, Germany) was allowed only. A reserve subject to replace potential drop-outs started the study at the same time.

On their visit to the test institute after the preconditioning phase, the subjects were questioned on their current medical condition; only subjects in good health fulfilling the criteria above were allowed to participate in the study. They then received the test product along with application instructions for regular use. After 14 days of home use (frequency at choice of subjects; minimum once daily), the subjects returned for questioning on skin compatibility of the test product. The questionnaire is included in paper form in the appendix (German); the subjects were presented this questionnaire using Keypoint 5.54 (MU + Data Entry, Cambridge Software Publishing, UK) on a touch sensitive computer terminal with on-screen keyboard for open questions.

Because of an unrelated medical condition, one subject (3) was unable to comply with the usage instructions, dropped out of the study and was replaced by the reserve subject. The twenty completing subjects of this study were between 26-62 years of age (average: 44,1).

#### Results

Eight subjects used the test product on average twice daily; all other subjects used the test product once daily. No incompatibilities, discomfort or any other problems with relation to the test product and its use were reported by any of the subjects.

On the basis of these results, the test product was found to be "harmless" with regard to its irritative potential and can be considered as "safe" for use in the outer genital area.



Enclosures: Questionnaire, tabulated questionnaire answers

Vajda Papir Kft. - "Ooops! Aloe Vera Balsam toilet paper" (VTSZ: 4818109000)

Problem Description	1	1		r	1	1			1		1	1	1	1	1	1		-	1	1	1
Other Type	ī	1		1		1						1		1		E	1		1		-
Other Problems	,	1												1	1	ı			1	,	1
Rash	ı	1	drop-out	1	1	1		1	1	1	1	1	1	1	1	1	1	ı	1	1	1
Reddening Scaling / Dryness Rash Other Problems Other Type			drop	1						,		1									
Reddening	1	1		ı		1		1	ı	ı	-	1	1	1	1	ı	£	1	1	-	1
Itching	,	1		,	,			,		1			1	1	1	,	1	,	1	,	1
Stinging Itching	1	1		ı	1	1		1		1.	ı	1	1	1	ı	1	1	ı	1	1	ı
Subject Age Usage Frequency	once daily	once daily		once daily	twice daily	once daily	twice daily	once daily	once daily	twice daily	twice daily	once daily	twice daily	once daily	once daily	once daily	twice daily	once daily	twice daily	twice daily	once daily
Age	39	34	42	54	35	61	34	30	42	38	27	39	44	43	99	39	40	58	9	52	56
Subject	1	2	က	4	5	9	7	80	თ	10	11	12	13	14	15	16	17	18	19	20	Reserve

## Questionnaire - User Trial - Ooops! Aloe Vera Balsam toilet paper

Thank you for your participation in this trial. After you had the chance to try out the Ooops! Aloe Vera Balsam toilet paper, we now would like to ask you a few questions about the tolerance of the product:

Q1. How often did you use the "Ooops! Aloe Vera Ba	lsam toilet paper" on average?							
more than twice daily	twice daily							
once daily	less than once daily							
Q2. Did you notice during or as a result of the application of the test product any problems? Please ma all that apply:								
	Yes**	No						
Stinging								
Itching								
Reddening								
Scaling / dryness								
Rash								
Other problems:								
**If yes, please describe the problems briefly. Please list the exact nature of the problems, the time of occurence and the frequency of occurence:								
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## Fragebogen - Anwendungstest - Ooops! Aloe Vera Balsam toilet paper

Vielen Dank für Ihre Teilnahme an dieser Studie. Nachdem Sie Gelegenheit hatten das Ooops! Aloe Vera Balsam Toilettenpapier kennenzulernen, möchten wir Sie nun bitten uns einige Fragen zur Verträglichkeit des Produktes zu beantworten:

F1. Wie oft haben Sie das "Ooops! Aloe Vera Balsam" Toilettenpapier durchschnittlich angewendet?									
mehr als 2* täglich	2* täglich								
1* täglich	seltener als täglich								
F2. Traten während oder durch die Anwendung des Testproduktes irgendwelche Probleme auf? Bitte benennen Sie alle zutreffenden:									
	Ja**	Nein							
Brennen									
Jucken									
Rötung									
Schuppung/Austrocknung									
Ausschlag									
Sonstige Probleme:									
**Wenn ja, beschreiben Sie bitte die aufgetretenen Probleme in Stichworten. Bitte nennen Sie die genaue Art der Probleme, sowie den Zeitpunkt und die Häufigkeit des Auftretens:									